

Important Tourist Places near Bhopal (Birth Place of Maharishi Patanjali & City of Lakes), Madhya Pradesh, India



Exhibition Area : 435 ft. x 1500 ft.

- ↪ Space for Exhibitions
- ↪ Stalls for Schools, Associations, Organizations, NGOs
- ↪ Stalls for Books & magazines.
- ↪ Stalls for Ayurvedic Products & Indian Spices
- ↪ Stalls for Tour Operators
- ↪ Stalls Handicrafts, Products, Stalls, Etc.
- ↪ Stalls of various States of India
- ↪ Stalls of Indian Cuisine
- ↪ Stalls of International Organizations/NGOs

!! Well planned Media Publicity of the Event !!

Associates

- ❖ International Yog Confederation
- ❖ World Movement for Yoga & Ayurveda
- ❖ E.Y.F. European Yoga Federation
- ❖ India Nirman Kendra
- ❖ The World Community of Indian Culture & Traditional Disciplines
- ❖ Bhartiya Yog Anusandhan Kendra, Bhopal, MP, India
- ❖ C.U.I.D.Y. Confederazione Ufficiale Italiana Di Yoga
- ❖ World Movement for Indian Fine Arts

For subscription form and participation please log on:

www.patanjaliweek.com, www.theworldcommunity.com, www.worldindianart.net, www.worldyogayurveda.net, www.confederazioneyoga.it, www.suryanagara.it, www.c.y.surya.milano.it, www.win.ind.in, www.indianirmankendra.com, www.internationalyogconfederation.com

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"Yog is Seed of Knowledge"



Patanjali Week Celebrations - 2010

Part of YOG VIDYA JAGRITI ABHIYAN-INTERNATIONAL HOLISTIC HEALTH MOVEMENT
 Programme of **YOG CONFEDERATION OF INDIA**

Affiliated to International Yog Confederation, World Movement for Yoga and Ayurveda
 and The World Community of Indian Culture and Traditional Disciplines, Italy
 In association with North-Eastern Council, Ministry of DoNER, Govt. of India

29th October to 7th November, 2010

Bhartiya Yog Anusandhan Kendra, Bhopal, Madhya Pradesh (India)

Philosophy & Teachings of Maharishi Patanjali

Life Cycle Visioning Philosophy $\forall t \text{ hou} \& p \emptyset \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$

Astrology Visioning Philosophy
 $\forall t; \text{ k} \dot{\text{r}} \text{ 'k} \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$

Kama Visioning Philosophy
 $\forall \text{ d} \text{ k} \text{ e} \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$



Mantra and Sanskrit Grammar
 Visioning Philosophy
 $\forall \text{ e} \# \text{ , o a l } \dot{\text{a}} \text{ d} \text{ r } \emptyset; \text{ k} \dot{\text{d}} \text{ j} . \text{ k} \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$

Society Visioning Philosophy
 $\forall \text{ e} \text{ k} \text{ t} \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$

Ayurved Visioning Philosophy $\forall \text{ k}; \text{ p} \dot{\text{h}} \text{ n}' \text{ k} \dot{\text{u}} \text{ I} \# \frac{1}{2}$

This Event is born to defend the right of knowledge for everybody and...
 furthermore to share with everyone the possibility to participate to the knowledge...
 because altogether, we can!!

Associates



PROGRAMME

Every morning from 9.00 am to 12.00 noon guests will visit important historical places nearby Bhopal

1.00 p.m. to 2.00 p.m.	Lunch - at the venue (for the guests)
2.00 p.m. to 6.00 p.m.	Workshops on Yog and Ayurveda based on philosophy and teachings of Maharishi Patanjali and Scientific justifications
6.00 p.m. to 7.30 p.m.	Workshops & Teachings on Indian, Ayurvedic & International cuisine
7.30 p.m. to 8.30 p.m.	Dinner (for the guests)

29th October, 2010	Reception of Guests
30th October, 2010	Inauguration, Visit to the Village of Maharishi Patanjali and unveiling of the Statue of Maharishi Patanjali
on 29th and 30th October, 2010 special focus will be made on the philosophy, teachings and research work of Maharishi Patanjali in the areas of Sanskrit Grammar, Kamasutra, Ayurved and Yog Sutra	
3rd November, 2010	Maharishi Patanjali Jayanti Celebration
5th November, 2010	Deepawali Celebration
6th November, 2010	Govardhan Pooja Celebration
7th November, 2010	Bhai Dooj Celebration and Closing Ceremony & Felicitation

YOG

31st October, 2010	Yama (lectures and workshops)
1st November, 2010	Niyama (lectures and workshops)
2nd November, 2010	Asana (lectures and workshops)
3rd November, 2010	Pranayama (lectures and workshops)
4th November, 2010	Pratyahara (lectures and workshops)
5th November, 2010	Dharana (lectures and workshops)
6th November, 2010	Dhyana (lectures and workshops)
7th November, 2010	Samadhi, Yogasana demonstrations and competitions



Save the seed of knowledge (Yog) to conserve the world

- * Physical Matter or Body Visioning Philosophy - Primary Meditation
- * Psyche Visioning Philosophy – Secondary Meditation
- * Wisdom Visioning Philosophy – Higher Meditation
- * Mind and Soul Visioning Philosophy – Universal Meditation



AYURVEDA

31st October, 2010	Basic knowledge of Ayurveda
1st November, 2010	Diagnosis of disease and pulse reading
2nd November, 2010	Ayurvedic Panchkarma
3rd November, 2010	Ayurvedic (Herbal) Medicines
4th November, 2010	Ayurvedic Medicinal Preparations
5th & 6th November, 2010	Research and Scientific analysis of Ayurveda

CULTURAL PROGRAMME

29th October to 6th November, 2010 - 8.30 p.m. to 11.00 p.m.
Workshops, demonstrations of Yogasanas, Mallakhamb, Matial Arts, Music, Bhajans, Chanting and Dances (classical, traditional and contemporary)

7th November, 2010 GALA with all the participants & artists

