

Today, the 6th of January 2007, the following sirs met at Master Amadio Bianchi House, in Gropello Cairoli, Pavia (Italy) via D. Beccaria 3:

- 1) Amadio Bianchi (Italy)
- 2) Mimoun Abel-lah (Morocco)
- 3) Amandio Albertino Figueiredo (Portugal)
- 4) Emiliana Blesio (Italy)
- 5) Maria Teresa Criado Regidor (Spain)
- 6) Josè Rouguè Ribeiro Jr.(Brazil)
- 7) Daniela Visione (Italy)
- 8) Piazza Marco (Italy)

They unanimously decided:

to found a no-profit association that is called World Movement for Yoga and Ayurveda

The Association's head office is in Milan, via Fleming 19. The Board of Governors can decide the change of this seat, it can as well establish divisions, minor seats, branch offices in Italy and abroad. The change of the head office's address does not involve the duty of bringing statutory alterations.

The main purposes of this Association are:

1. To spread Yoga and Ayurveda all around the World and to safeguard Yoga and Ayurveda psycho-physical-spiritual origins
2. To promote, check and define the directives of the Yoga and Ayurveda teachings, in accordance with the ancient wise men's teachings, and respecting the different traditions' points of view.
3. To promote scientific research and every aspect that can make the understanding and experience of this principles easier under present-day world.
4. To promote social relationships based on eternal spiritual values, peculiar in these disciplines, like non-violence, truth, pity, tolerance, service and respect for diversity, with the intention to apply these principles in social life and, especially, in relationships between different institutions, schools and organizations that take part into this Movement.
5. To found an information organ, a virtual and papery one, and to promote the spreading of educational and informative material.
6. To join respectable and traditional Institutions, coming from all Countries around the world, dedicated to the Yoga and Ayurveda spreading, with democratic and no-profit purposes, and that are not in conflict with the articles of association.
7. To organize Congresses, Seminars, Conferences and any educational and cultural, artistic and scientific activity, connected with social purposes, respecting democratic and equality principles.

8. To be active in making people aware of Yoga and in its legal recognition as a scientific system that integrates every physical, mental and spiritual aspect of the human being and of Ayurveda, as a system with the aim of pursuing psycho-physical well-being on natural basis.

9. To establish criteria and quality standard for the spreading of Yoga and Ayurvedic products, according to the prescriptive and regulation expectations of every Country, trying to become point of reference about it.

10. To realize a database for collecting scientific didactic material and classical texts' publications, of both disciplines, in every language, for making information universal and guaranteed.

11. To support Continental Organizations in pursuing their activities.

12. To cooperate with every association that pursues the same social purposes.

13. To support, also economically, the World Community of Indian Culture & Traditional Disciplines, because of the important purposes pursued by itself.

Organs

§ Board of Governors

- The World Movement for Yoga and Ayurveda is composed by the World Movement for Yoga and the World Movement for

Ayurveda, two parts of activities that will depend on their board of governors, subject to obligatory agreement of the Nucleus of evaluation of estimates and final balance-sheet.

- Every Board of Governors will consist of: President, Vice-President, Ambassador, General Secretary, Treasurer and three Counsellors.
- In particular, today we decided that the Board of Governors of the World Movement for Yoga will be represented by: President Amadio Bianchi, Vice-President Mimoun Abel-lah, Ambassador Emiliana Blesio, General Secretary Daniela Visione, Treasurer Maria Teresa Criado Regidor, and the three Counsellors are Amandio Albertino Figueiredo, Marco Piazza, Antonio Sergio De Oliveira.
- The Board of Governors' President of the World Movement for Ayurveda is Josè Ruguè Junior, who has been instructed to appoint the other Members of his Board of Governors
- The Board of Governors of each part can appoint Temporary Committees for particular events. These Committees, nevertheless, for their decisions, must have the approval of their own Board of Governors.
- The Board of Governors' Members will be in charge for a period of 7 years and can be re-elected.

§ Nucleus of Evaluation

The Nucleus of Evaluation is an organ composed by the Presidents of the two Boards of Governors and by a third member who is annually elected, chosen between the Founder Members, with the majority of people present at the vote.

§ Functions of Board of Governors

The Board of Governors elects between its members the President, Vice-President, Secretary and any other appointment connected with the Board of Governors' Members and, in case, the Treasurer, if the Meeting did not provide these nominations.

If necessary, the Board of Governors can appoint, between its members, an executive Committee, composed by 3-5 members.

No money is due to the Board of Governors' Members, except the repayment of the documented charges for office's reasons.

The Board of Governors' President, by his initiative or by request of at least two Counsellors, convenes the Board of Governors. The notice of convocation, with the indications of the subjects to deal with, the date, the time, the place of the meeting (in Europe, also outside of the Association's head office), must be send by registered letter, fax or e.mail, but, exceptionally, making the serious and urgent reasons clear, can be send only 5 days before the meeting.

The Board of Governors' meetings are valid when the majority of its members are present.

The Board of Governors deliberates with the majority of present

people; in case of equality, the vote of the person who presides over the meeting prevails.

The Board of Governors' meetings are superintended by the President, if he's absent by the Vice-President, in absence of both of them by the oldest member.

At the end of every meeting, the President and Secretary will underwrite, on a specific book, the minutes.

The Board of Governors' President legally represents the Association, presides over the Board of Governors' meetings and signs the federal acts. He is in the judgment as actor and spectator too, he has powers of ordinary and extraordinary (by delegation of the board) administration. In case of absence of him, or because of his temporary impediment, he delegates his functions to the Vice-President.

The Secretary and Treasurer, depending on their specific authority, put into practice the Board of Governors' orders.

The Board of Governors operates for the good state of the Association, in bounds allowed by the statute and by the in force regulations. For this purpose, it:

- makes every useful or necessary act to the achievement of the purposes of the Association, of ordinary and extraordinary administration, that is not reserved to the Meeting, in accordance with the law or the statute;

- annually writes the summary report and the economic and financial budget forecast and final balance-sheet (in accordance with the best laws of this subject), that is to post up at the head office at least 15 days before the date of the meeting that will deliberate about these subjects;
- works out the regulations useful for the good working of the Association, that will be submit to the approval of the assembly;
- institutes the necessary commissions to achieve the purposes of the Association, delegating to them their competences;
- co-ordinates and adopts events and manifestations;
- appoints, if necessary, an executive committee within the Board of Governors;
- appoints the members of the committees and commissions.

The Board of Governors also provides:

To establish rules on the training of Yoga teachers and Ayurveda operators, organizing them on different levels, as the internal regulations established, and that will be known at the registration act.

To ask to every institution that will provide to the training to be accredited by the Movement. The operators will have to attend refreshing courses every 4 years. These courses will be organized by the Movement to realize a training in keeping with the tradition. Every institution will be independent in holding the courses in accordance

with their own characteristics, in accordance with the international rules of teaching spread by the Movement.

§ About the Nucleus of Evaluation

The Nucleus of Evaluation provides to plan and verify the aims that must annually be pursued by the Boards of Governors to guarantee the achievement of homogeneous activities, in conformity with the social purposes.

§ Members

§ Admission, resignation, expulsion

The Associations and Organizations will be accepted to join the Association after the acceptance of the application form by the Board of Governors.

At the moment of admittance to the Association, associations and organizations accept this statute, regulation and purposes of the Association itself.

An associative annual fee will be due to the Association, decided by the Ordinary Assembly, to be paid within the date established by the Assembly, and anyway before the 31 of May of every year.

Associations and organizations are independent on a fiscal, legal and administrative point of view. They administer and discipline themselves in accordance with their own statute, made uniform to the general one, that will have to be ratified by the Board of Governors.

They will also respect the disciplinary regulation.

The members will be divided in Founder Members, ordinary, honorary and supporter ones, coming from world-wide organizations.

Further determination on this statute will be subsequently agreed.